

BTEC Level 3 National Extended Certificate in Sport

Subject Leader: **Ms N Mann**

Syllabus: **Edexcel**

Course Specification:
**BTEC level 3 National Extended Certificate
in Sport – TRL70**

Year 1/2 Study

Students are required to complete 3 mandatory units and 1 optional unit throughout the course. Two are externally assessed and two are internally assessed.

Unit 1 Anatomy and Physiology

Unit 2 Fitness Training and Programming for Health, Sport, and Well-being

Unit 3 Professional Development in the Sports Industry

Unit 7 Practical Sports Performance

Course Information

5 GCSEs graded 9 – 4 including English and Maths at grade 5. Admission is also dependent on a minimum grade of 5 or above in GCSE PE or a Merit at BTEC Level 2.

A sporting background is advantageous as students should have an interest in sport and need to be motivated and organized to meet the demands of the coursework assignments and the end of year exam.

Assessment

Internally assessed coursework tasks are linked to the criteria produced by Edexcel. Each assessment is completed under specified conditions, then marked with the grade awarded.

An external assessment is taken in year one to assess learners in their knowledge of anatomy and physiology. The exam will contribute to 25% of the overall grade in year one. In year 2, students will complete an externally assessed set task. This will be marked by examiners at Pearson and again will contribute to 25% of the overall grade in year two.

Internal Assessment

Learners are assessed using a variety of assessment styles to develop a broad range of transferable skills. Learners could be given opportunities to:

Write up the findings of their own research projects.

Use case studies to explore complex areas of the syllabus.

Carry out projects and create presentations.

Demonstrate practical and technical skills.

Teaching and Learning Styles

Students are required to have a keen interest in sport. Some specialist units require extensive critical annotation and analysis so good literacy skills are essential. Students will receive some vocational experiences, hands on practical tuition and will be supported when completing coursework tasks.

Students will have the opportunity to meet with potential employers and will get support in applying for sports related jobs. BTEC Sport students will be encouraged and supported to participate in the schools Duke of Edinburgh Programmes to develop navigation and camp craft skills. The award will also develop a range of valuable competencies such as teamwork, leadership, and creative thinking.

Independent Study

To access the higher grades, students will be required to undertake independent study and show commitment and flair for the subject.

The school have a range of links and partnerships with local sports clubs and support students in obtaining work experience particularly in leadership and coaching roles. We are currently working with The Greenwich Titans & Eze Foundation.

Students will have access to the active book online resource which allows students to view and amend material from the BTEC Level 3 textbook in an interactive way. This resource should be accessed and worked from at school and at home.

