

Transition work for A Level Psychology

Week 1 and 2



Research

- What is psychology?
- What different types of psychologists are there?
- What is the difference between psychology, criminology and forensic psychology?



Becoming a psychologist

Time: 1hrs



(Watch and listen

TED talk about mental health Summarise some of the key points highlighted in this talk.



Research Task Mental health

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Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics.



TED talk about stress Summarise some of the key points highlighted in this talk.

The science of stage fright and how to overcome it

TED talk which discusses the reliability of

memory and the impact of false memory.

Reflect on the TED talk and make your own

Time: 15mins

notes.





Watch and listen Mental health

TED talk about causes for depression and anxiety



health?

Time: 15mins

Complete Mental health

What's so funny about mental

Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.

Time: 30mins



Time: 2hr

Complete Memory

Quiz to see how good your Memory is. Can you remember all the finer details? Once you have completed the guiz, create a guick mindmap showing what 'memory' means to you, what can affect memory and how you think memory can be improved.

'How Good Is Your Memory?' quiz

Time: 30 minutes



Watch - extension work

If you have access to Netflix watch '100 humans'



Time: 4hr30mins for all 8 episodes

This is why you could be depressed or anxious

Time: 20mins



Research **Memory**

What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content.

Eyewitness Testimony Simply Psychology



Complete Memory

Produce a handout or PowerPoint detailing what eyewitness testimony is, the factors that can affect the accuracy of it, and briefly outlining some of the key research.

Time: 1hr

Time: 1hr

How reliable is your memory? TED Talks - Elizabeth Loftus

Watch

Memory

Time: 40 minutes