27th April 2020

Dear Parents/Carers,

**Advice for Parents/Carers**

Please find the attached poster containing advice for parents/carers during COVID-19 which gives advice about when to seek medical advice for children.

The following links provide support about family well-being and child support;

Young Minds – Talking to your child about Coronavirus and 10 tips from their Parents/Carers Helpline to support family well-being: [https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/](https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/)

Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing (different languages) [https://www.mindheart.co/descargables](https://www.mindheart.co/descargables)


The following link is a Coronavirus storybook for children from UNHCR to help children aged 6–11 cope with coronavirus. The book is available online and as an audiobook and is currently available in six languages, with over 30 more planned. Click through this press release to multiple language versions. [Children's storybook released to help children and young people cope with COVID-19](#)

With very best wishes,

The John Roan School